

BOWIE SONGS FETCH £185M

DAVID Bowie's publishing rights have been sold for £185million. The late singer's estate has cut a deal with Warner Chappell Music. According to US entertainment site Variety, the back catalogue was worth more than \$250million. Chief executive of WCM Guy Moot said: "All of us are immensely proud that the



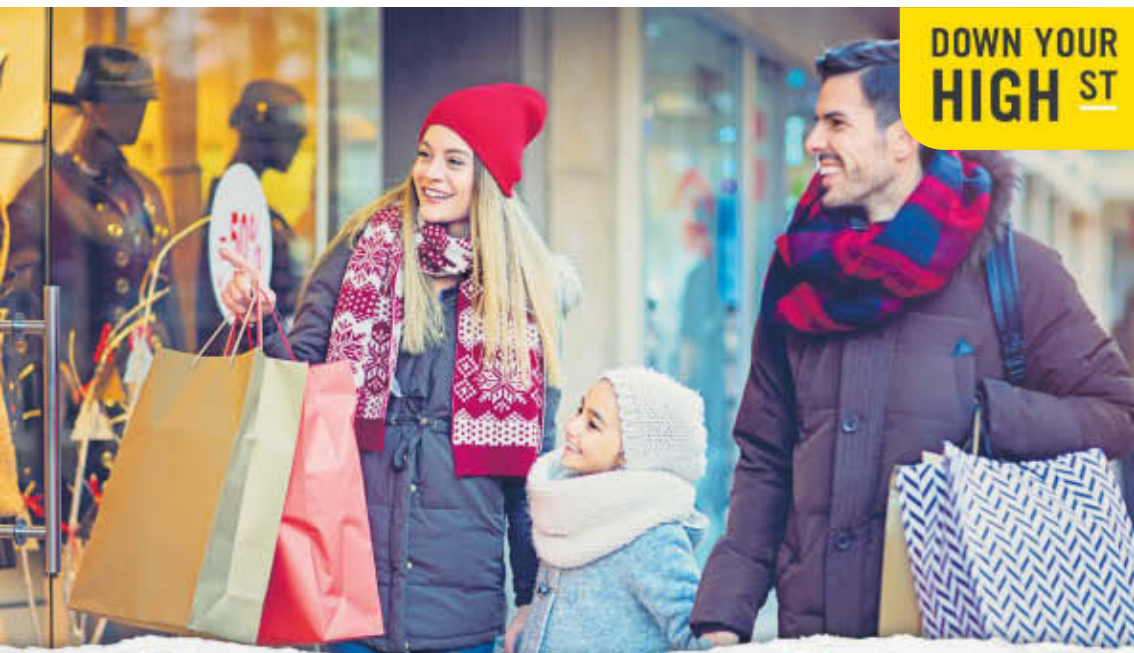
ESTATE: David

Shayne's baby joy

SHAYNE Ward is expecting his second child with fiancée Sophie Austin. The former X Factor winner and soap star, 37, said: "I am on cloud nine. It's amazing."

£439 Xmas hangover

THE average shopper gets £439 in the red at Christmas, and then needs four months to recover. That's according to research by Debt management company Lowell.



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CHAT SHOW STAR WARNS WAR ON SNOWFLAKES AND WOKE WILL FAIL

Trisha: A meteor's coming for all you old dinosaurs



FOOD FOR THOUGHT: Trisha with her *You Are What You Eat* co-host Dr Amir Khan and, left, on her latest show



FRESH START: On her ITV show, in 1998 and, left, showing ring



CHAT show legend Trisha Goddard has hit out at the "dinosaurs" who criticise today's "woke" society, warning them: "The meteor's coming."

Stars such as Piers Morgan have frequently slammed snowflakes and woke culture but the telly presenter, who yesterday revealed she's engaged for the fourth time, reckons it's "bullying". Trisha says: "There was a very male way of looking at issues and a 1970s and 1980s male way."

"They're trying to discredit the more caring by calling it 'woke' and 'snowflake'."

"It's bullying. It's the dinosaurs' last scream. If you can't fight like us, you're not relevant. Keep saying that - the meteor's coming."

"They don't like the world of emotions and inclusivity because they don't understand it. It's personally threatening to them. They can't deal with it."

The 64-year-old announced her engagement on social media after her mystery man of four years, known as "#Boo", popped the question over New Year.

Trisha has been divorced three times and delightfully revealed to her followers this is the first time she hasn't bought her own engagement ring.

And she tells the Daily Star how Boo, who she lives with in Connecticut, US, always stands up for her when she faces prejudice. Trisha says: "If he

EXCLUSIVE BY NADINE LINGE

sees any kind of racism, even if I don't even know it, he's on the phone, he'll be down there."

"At one stage I had something happen in a shop. He's a businessman. He got onto the HQ and lodged a complaint. And the person was moved from that shop."

"I've never had that. I've had partners who laughed along with the racist joke in front of my face, told me I'd get over it, 'Don't be silly it's in your head.' "I now have a partner who will champion me, who will stand up to people. I've never had a partner who's proud of what I do."

But before Trisha steps down the aisle, she's got the matter of a new TV show starting tomorrow.

She's hosting Channel 5's revamped version of *You Are What You Eat*, which previously had a poo-inspecting Gillian McKeith at the helm.

While the earlier incarnation focused on shock tactics to scare guests into changing their lifestyles this looks at the reasons behind their behaviour.

"Yes, a scientist examines poo, but there's also a whole team of us working to find what drives people to eat what they eat," says Trisha. "What really

resonated for me was looking at how people change when they change their diet - not just the weight loss, but mentally, their approach to life."

"It's not about frightening people, because fear only lasts so long. You can scare someone all you like but the thing I think appeals to people the most is, 'Wow this makes me feel better - my head is in a different space purely from what I'm eating.'"

She also believes Britain could help combat the obesity crisis by teaching more children how to prepare food.

"The old days of teaching kids to cook in schools should be brought back," she says.

"If kids grew up having a basic knowledge of how to do fast, cheap, easy, home cooking, it would help."

The TV icon is best known for her long-running ITV and Channel 5 relationship shows *Trisha and Trisha Goddard*, which tried to resolve issues for members of the public.

And in the wake of the Jeremy Kyle scandal - which saw his programme axed following the suspected suicide of guest Steve Dymond - she believes those confrontational days are over.

Trisha adds: "The old kind of bear-baiting show has moved on to people who've been there, done it and are still trying to work out how to wear the T-shirt - a more listening, caring, understanding approach."

"I'm not saying we got it right all the time, but my shows reflect all the years I've been involved in mental health."

"And I would like to think that's the future - where you get people who have actually had life experience of the subject you're dealing with. You get a very different flavour of show."

● *You Are What You Eat* starts tomorrow at 8pm on Channel 5.