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When Parents Push for More Care: Navigating Nonbeneficial Treatment Requests in Pediatrics

Every clinician knows this visit. A parent sits across from you, frustrated and afraid. Their child isn't getting better. They want more—more tests, more treatment, more answers. But you've done the workup. It's appropriate. It's complete. And it's normal. This is where things begin to break down...



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Using Telehealth to Improve Access and Trust Among Black Patients

Telehealth has quickly become a significant part of care delivery, but for Black patients, its impact goes beyond convenience—it directly intersects with long-standing barriers to access, trust, and outcomes. From a clinical standpoint, telehealth is helping address real-world challenges—transportation, work schedules, childcare, and limited access to culturally competent care...



Impact of Racial Bias on Providers' Empathetic Communication Behaviors with Women of Color in Postpartum Checkup

These findings highlight that a provider's underlying biases can directly result in less compassionate patient care. To improve healthcare for all, we need changes that not only reduce racial bias but also actively train providers to communicate with more empathy...



Multifaceted Strategies for Hypertension Control in Low-Income Patients

For low-income patients with hypertension, a team-based strategy leads to a much greater reduction in blood pressure than standard care. This study, funded by the National Heart, Lung, and Blood Institute (NHLBI), highlights a powerful new way to tackle a major health challenge...



Amoxicillin-Clavulanate vs. Amoxicillin for Acute Sinusitis in Adults

I have a personal issue with medical science. I have always believed amoxicillin works as well as Augmentin, but I also believe most patients with chronic sinusitis will benefit from a course of antibiotics...