

MED SPA

Soul Surgery's MedSpa is an on-site integrative luxury for each patient at our facility. We offer every guest, according to their individualized plan, MedSpa amenities such as IV Therapy, Massage Therapy, Craniosacral Therapy, BioSound Therapy, BioFeedback Therapy, and Acupuncture.

IV Therapy: the medically licensed team at Soul Surgery administers IV drips based upon each patient's individualized needs. IV Therapy includes IV drips that are made like a "cocktail" of vital nutrients. These nutrients assist in the detoxification process, easing the patient through the difficult process of eliminating the substance use toxins from the body. Once the patient is through the detoxification process, IV Therapy is administered to make the patient more comfortable through the recovery process.

As our licensed therapist gently applies touch, both physical pain and emotion pain can be released. The tension and stress of the detoxification process is mitigated with this additional tool employed by the Soul Surgery Med Spa.

Biofeedback Therapy: this is a noninvasive, non-drug, holistic treatment that has been used in recovery communities for over thirty years. As it does not have adverse side effects, it can be a very desirable treatment for anxiety, depression, mood disorders, and cognitive awareness. Under the guidance of our professional Biofeedback technician, our patient learns how to control the emotions that led to their addictive behaviors. This is learned via specifically trained and productive thought patterns. Our patient sees the visual ‘proof’ to the participant that they have the ability to alter mood and emotion with carefully controlled thoughts.

BioSound Therapy: this is a treatment that integrates BioFeedback and soothing aural therapy. Like regular BioFeedback, Bio Sound Therapy is a noninvasive, non-drug, holistic treatment with no side effects. Our patient sits in a chair, settles into a relaxed state, and is then exposed to binaural audio vibrations which relax the nervous system. Once relaxed and their heartbeat slowed, they ideally will enter a tranquil, meditative state. From this calm place, the patient is guided through exercises to help manage emotions, stress, and anxiety. As with BioFeedback Therapy, by monitoring a patient’s heart rate while they are exposed to these vibrations, the patient can understand the cause and effect of their heart rate dropping or increasing. The therapist can then help the patient learn techniques to control, of their own volition, when this occurs. This can be a very useful exercise for those in recovery, increasing self-awareness, helping each patient regain ownership of their own body.

Acupuncture: this Soul Surgery amenity is a [proven method](#) to help those suffering from insomnia, chronic pain, PTSD, stress and many other conditions that can hinder your path to recovery. The specific acupuncture protocol for recovery from substance abuse addresses both the physical pain of healing, but also the cravings associated with detoxifying the body.

At Soul Surgery, we believe each patient deserves the highest level of care, and this includes the full integration of our MedSpa amenities, side-by-side with our critical Medication-Assisted Treatment, our Biopsychosocial Treatment, and our 12-Step program. Our fully licensed MedSpa is on-site and our licensed team of professionally-trained technicians are dedicated to your recovery.