Nasrin Barbic

Nasrin Barbic is a Life Coach, certified Hypnotherapist, Reiki Master, and founder of Pathway to Lasting Joy. She helps those who are struggling internally, searching more meaning in their lives and are simply feeling stuck in their current situations.

Through one-on-one coaching, group coaching, and specialized workshops, Nasrin helps her clients experience transformational inner healing and guides them in obtaining the clarity they need to take control and live the life they truly desire. Nasrin's approach of combining coaching, energy healing, and hypnotherapy helps clients look deep within themselves to eliminate limiting beliefs that are holding them back and replace them with an empowering mindset. Her unique methods blend traditional coaching methods, scientifically proven techniques, and deep healing through hypnotherapy and Reiki to help clients release mental, physical, and spiritual blocks to success in all areas of their lives.

Nasrin is a certified life coach through the Quantum Success Coaching Academy and received her hypnotherapy certification from Quantum Healing. She also has degrees in both Computer Science and Information Technology. Nasrin lives in Sterling, Virginia with her husband, two energetic sons, and adorable dog.