Should you keep your current plan?

Circle your answers, then tally up your choices — your result is based on the letter you selected most often.

1. How satisfied were you with your 2024 coverage?

A. I loved it!
B. It was OK, but could have been better.
C. I did not like it.

2. How much did you have to pay out of pocket for care?

A. About what I expected to pay or less.
B. A little more than I expected to pay.
C. A lot more than I expected to pay.

3. Did your 2024 plan cover your preferred doctors?

A. Yes, they were all covered.
B. Some, but not all.
C. No, my preferred doctors are out-of-network.

4. Are you satisfied with your health insurance carrier?

A. Yes, I'm satisfied with my insurance carrier.
B. They were OK, but could have been better.
C. I'm not satisfied **or** my carrier is no longer available in my area.

5. Do you anticipate any new health care needs in 2025?

A. No, my health is generally stable.
B. Maybe, but nothing major.
C. Yes, my health needs changed and/or I anticipate needing a certain procedure.

6. Did your income change or did you move in 2024?

A. No, neither of these happened.
B. Yes, my income changed.
C. Yes, I moved **or** I moved and my income changed.

Results

Mostly A's: Your current plan is likely a good fit (though it's worth checking to make sure there aren't better options at a more affordable price).
Mostly B's: Though your current coverage isn't a bad fit, you should check for a better, more affordable option that better suites your needs.
Mostly C's: It's time for a better plan — look for a plan that better fits your health needs, budget, and preferred doctors and prescriptions.

Stride