

# The 10 Best Podcasts for Learning Portuguese



Oi! Tudo bom? Imagine what you could do if you learned Portuguese. How about sunbathing on the beaches of Rio de Janeiro while listening to samba? How about drinking port wine in Oporto on Friday, and savoring *bacalhau à portuguesa* in Lisbon on Sunday.

I've got good news for you. You can live out your South American sun-soaked dream. You can make that Iberian culinary *sonho* come true. Just by listening to enough podcast episodes, you could learn a ton of Portuguese.

Podcasts are super convenient to listen to on your daily commute or walk through the park. There are helpful and free podcasts for learners of all language skills. So, pop in those earbuds, and let's get into our curated list of the **10 Best Podcasts for Learning Portuguese**.

## The Fluent Show

In addition to the Portuguese podcasts you'll find in this article, check out the Fluent Show. That's my own podcast where we discuss languages, learning methods, and how to live a multilingual life. [Click here to listen and subscribe.](#)

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## Need Support On Your Portuguese Learning Journey?

Then make sure you join the Fluent Language newsletter right here! Subscribe now, and every week, I'll send you handpicked language learning tips right in your inbox.



## Pick a Favorite, Subscribe, Never Miss an Episode

- Listen on your favorite app like the Apple podcast app or Spotify.
- Subscribe and listen to any of the podcasts recommended below so you don't miss new episodes.

- Some podcasts also post the episodes to Youtube if you are more comfortable with that app.
- Leave a comment on a particular episode to interact with the host and other listeners

## Who can I communicate with using Portuguese?

Portuguese is spoken by over [250 million people in almost every continent](#). You could make friends online or travel to any of the following countries whose official language is Portuguese:

- Brazil
- Portugal
- Cape Verde (Cabo Verde)
- Angola
- Mozambique
- Equatorial Guinea (co-official with French and Spanish)
- Guinea-Bissau
- São Tomé and Príncipe
- East Timor (Timor-Leste) [co-official with Tetum]
- Macau, China [co-official with Chinese and Macanese]

So what are you waiting for? Get in on the fun right away so you can start communicating with people all over the world. Vamo' lá!

## Portuguese Podcasts for Beginners and Intermediate Learners

### 1. [CoffeeBreak Portuguese](#) (Brazil and European accent)



This series is so positive, effective, and welcoming that it wins my award for the PPP (Perfect Portuguese Podcast)! Twelve-year teacher Rafael, from São Paulo, and Scottish learner Ava start in straight away on real-life dialogues. As the listener, you accompany Ava on her year plus journey of saying basic intros like “Hi, how are you?” (“Oi, tudo bem?”) to describing her favorite aspects of Lisbon.

Each episode, you hear a conversation between 2 or more people (in accents from Brazil and Portugal), then Rafael and Ava break down and translate to English what you just heard, sentence by sentence. Here is where you get a lot of grammar and vocab questions answered.

The structure and invitational vibe of these episodes make it an obvious choice for beginners or any learner wanting a laid back review.

## 2. [Brazilianing](#) (Brazil accent)



Dani is your personal and personable tutor who has created a fun mix of episodes ranging from grammar explanations about the subjunctive using song lyrics to talking about the culture of futebol. Sometimes she tells little 5 to 10 minute stories. In one episode she discusses the age-old debate on what it means to be “fluent.”

She speaks clearly and at a slightly slower than natural pace—perfect for beginners with a little bit of base. She’s super approachable (kind of like that high school Spanish teacher whose class you adored).

She even has a [conversation club](#) you can join with two different skill levels.

### 3. [Fala, Gringo!](#) (Brazil accent)



Literally “Speak, Gringo!” it’s more like “What’s up, Gringo!” And don’t think this is a bad term for a foreigner. In this context it’s like a term of endearment. Leni, your host, is a super affable dude. He speaks clearly with the beginner to intermediate learner in mind. His topics run the gamut and will keep your brain stimulated.

Here’s just a few things his episodes cover:

- Sex Education
- Politics: Bolsonaro vs. Lula
- Big Brother reality show
- Is it safe to travel in Brazil?
- The “Jeitinho Brasileiro” (the Brazilian Way), a very particular cultural concept
- The literature of Clarice Lispector, a very important author

Each episode comes with complete transcripts.

#### 4. [Speaking Brazilian Podcast](#) (Brazil accent)



Impressively, Virginia Langhammer releases a new lesson every Wednesday. She also creates *free* lesson PDF's for every episode. A particularly unique approach she takes on the first audio of 2025 is a shadowing technique where she has you repeat after her, focusing on imitating her accent.

She encourages her students (you!) to slow down the speed if you need to. In "Conversation Practice" she is your conversation partner and leaves gaps for you to answer her questions and ask her back. It's great practice for beginners.

Virginia packs a big punch with what she offers, as her freebie page is full of resources for you to up your language level.

#### 5. [Iwith Sílvia](#) (European accent)



This might be a personal favorite. “Learn European Portuguese with Sílvia.” The invitation could not be any clearer. What I love about this podcast is that she speaks with guests that include non-native speakers who have successfully learned to communicate. Sílvia creates a friendly vibe that invites you to listen in on authentic conversations.

She keeps things optimistic, speaking about culture, language, and even mindset. In one episode we are invited to think about our reason for learning European Portuguese. That sort of coaching and self-reflection goes a long way to keep us students motivated. We are all busy, but Sílvia helps her students remember their *why* to give them language-learning wings.

Because I’m used to speaking with Brazilians, I usually have trouble understanding the Euro accent. But Sílvia speaks slowly and kindly enough that I am picking a ton! It’s making me much less anxious about my upcoming trip to Lisbon.

## 6 [Portuguese Lab Podcast](#) (European accent)



With 150 episodes, this series is great for beginners that love step-by-step structure. You can find full transcripts, vocabulary lists, and translation breakdowns on their website. Using the listen-and-repeat method, the 10-ish minute episodes resemble traditional curriculum topics like:

- At the airport
- At the supermarket
- At the doctor
- The difference between *para* and *por*
- The difference between *bem* and *bom*

- The difference between *saber* and *conhecer*

Whether you plan on taking a trip to Oporto or just want to have some structured learning, this podcast might be a good option for you.

## 7 [Portuguese Pod 101](#) (Brazilian accent)



This pod is a lot more than just a weekly updated audio lesson. It's an online course, a [youtube](#) channel, and a video podcast all under the same name. To get the most out of the site, I clicked the yellow "Join for Free" button and signed up using my email.



You can immediately gain access to hundreds of free lessons and resources.

Look forward to interesting lessons like:

- "Shopping in Brazil: How Much is This?" An audio lesson that teaches you how to ask how much something is and understand different prices and numbers.
- "Making an Appointment in Portuguese: Making Plans" Your friendly native speaker Paloma shows how to set up an appointment, and then breaks it down for the intermediate learners.

- “Video Culture Class: Brazil Holiday: Ano Novo” You’ll see Paloma talk about the traditions of New Year’s Day. The food, the clothing, and the *candomblé* origin of making offerings to Iemanjá, the goddess of the seas. And don’t forget about jumping over 7 waves for good luck and love in the new year!
- “Brazilian Beauty: Waterfalls” You’ll fall into a flowing dialogue broken down line by line, a vocab review, and cultural insights about the state of Paraná.

The **beginner** modules have over 75 lessons. **Intermediate** has over 100 lessons. **Advanced** has 50 lessons. There’s truly a ton of free material you can pick and choose from. **Diagnostics** interspersed throughout all levels will help give you good information on where your skill levels are.

Prefer structure? Go in order according to your level and complete one lesson a day to maintain your momentum.

Want to choose your own adventure? Pick any topic or dialogue that draws your attention—even if it’s more basic or challenging than you’re used to. See what sticks. See what you can handle. Have fun with the ole grab bag approach. Complete one a day to keep up with your good language learning habits.

The screenshot shows a 'Lesson Library' interface. At the top, there's a purple header with 'Lesson Library' and a 'Show' button. Below the header, a section titled 'Your Recommended Upper Intermediate Pathway' features a card for 'Level 4 Portuguese'. The card includes a large purple circle with the number '4', the text 'Level 4 Portuguese', and a description: 'Start here with our official curated pathway for Upper Intermediate'. It also lists '50 Lessons • 37 Assessments • 15hrs 53min Studying' and a progress indicator showing '26%'. To the right of the card is a vertical list of levels: '4 Upper Intermediate' (selected), '1 Absolute Beginner', '2 Beginner', '3 Intermediate', '4 Upper Intermediate', '5 Advanced', and 'Bonus' (marked with a star).

While the episodes through [apple podcast](#) or [spotify](#) can be helpful, signing up for online site access with your email gives you a plethora of sequential lessons, videos, PDFs, and assessments.

The only caveat is that you’ll have to sift through ads on their site and skip ahead of commercials on the podcast. At any rate, it’s worth this little bit of trouble to give your ears the gift of devouring hours of *português*.

# Portuguese Podcasts for Advanced Learners

## 8 [Café da Manhã](#) (Brazil accent)



Sometimes learners who hit an intermediate plateau feel they are lacking authentic material to lift them out of the B2-C1 rut. *Café da Manhã* is created for native speakers so presents a great challenge. A partnership between the daily newspaper [Folha de São Paulo](#) and Spotify (which you will need to access this rich series). This pod was the top recommendation from our Portuguese teacher as a way to train our listening skills.

If you want a good challenge and want to keep your ear trained, while keeping up with current events, this is a great choice. They provide hot takes on pop culture, social issues, and political news. They have a 4.7 star rating from 38,000 reviews on Spotify! Not too shabby.

On March 10, 2025 the topic was “Ser mulher no Brasil de hoje” (“Being a woman in Brazil today”). It tells the story of Ms. Santos, an afro-Brazilian, 30-something mother and journalism student. She speaks about her dreams and life with her daughter, while the narrator chimes in to give context to the reality for other women in Brazil.

## 9. [Não Inviabilize](#) (Brazil accent)



“A Laboratory of True Stories,” this podcast—with the coolest color scheme—is taking Brazilians by storm! According to their website, they have over 1 million listeners per month, over 900 stories published, and more than 370 million plays. Also...on Spotify they have a 4.9 rating from 117,000 reviews. Are you kidding me?

They have different “channels” like Pícole de Limão (Lemon Popsicle), “o refresco ácido do seu dia” (the sour refreshment for your day), where they highlight funny, weird, every day tales like “Parque” about Carmen, a retired teacher, who would do exercise in the park. One day while on her outdoor stroll, she saw her brother-in-law’s car where she saw him in the back seat, *but he wasn’t alone...*

These stories are real and cause real intrigue. There’s a ton of different genres such as their terror channel called “Luz Acesa” (“Light On”) or their love channel called “Amor Nas Redes” (“Love on the Socials”). I absolutely love this creative project. Let’s be real. They had me at their color scheme.

Their team is made up of fierce women as well as a cat named Coentro-Nenê who has a doctorate in “miados” (“meows”) and “ronronados” (“purrs”).



**Coentro-Nenê**

Are you still reading this and *not* listening to [Não Inviabilize](#)?

# Portuguese Videos for Beginners and Intermediate Learners

## 10. [Easy Portuguese](#) (Brazil and European accents)



**Brazilian vs European  
Portuguese. Feat. José...**

Easy Portuguese

12K views • 10 months ago

Easy Portuguese is much more effective as a listening *and* viewing experience. So, while not technically a traditional podcast you can still get a lot out of it even if you can only listen. *Imagine you clandestinely leave in one earbud during a boring team meeting at work, this will definitely give you the listening practice you need.*

As part of the [Easy Languages](#) family, Easy Portuguese brings you a variety of fun street interviews with native (and some successful non-native) [Lusophones](#).

You can choose from the following playlists:

- Portuguese from [Brazil](#) (with 140 videos 😊)
- Portuguese from [Portugal](#) (unfortunately there's only 7 videos 😞)
- Start Here for [Absolute Beginners](#) (37 videos)

Videos range from “What to Bring to a Carnival Block” to “Are You a Typical Portuguese?” There are CC in Portuguese as well as subtitles in English. I recommend subscribing and watching a video when you are bored especially because the hosts are very engaging and the interviewees are completely authentic.

They also have fun [Instagram posts](#)!

# Why Podcasts Are an Excellent Tool for Getting Portuguese Input

Podcasts can be a wonderfully convenient and enjoyable way to receive language information. According to [Second Language Acquisition input theories](#), language inputs (whether provided by reading or listening) are not only important, but essential for constructing language competence.

You can download podcasts so that when you are on the plane or in an area with poor cell phone service, the audio will be there. You can subscribe to your favorite of the podcasts in this article so that you stay up to speed on the latest publications. Some of the podcast hosts have tutoring, coaching, or language clubs that you can join in order to advance your commitment to acquiring language skills.

If you are a beginner (A1 or A2 level on the Euro scale) or have an intermediate level (B1 or B2), of course check out the beginner and intermediate episodes we talked about. However, do not shy away from checking out podcasts that are a level or two above what you are used to.

With transcripts on their sites and word-by-word CC/subtitles on Spotify, you can feel emboldened to explore outside of your comfort zone. See how much you can understand, you may just surprise yourself!

Subscribe to at least one of them, and make an achievable goal of listening to 5 or 10 minutes a day. If you need to adjust your goal, you can always readjust. Hope you get as much joy out of listening to Portuguese as I do.

**Which is your favorite pod so far?**

**Do you have other podcast recommendations for learning Portuguese?**

## Looking For More Portuguese Resources?

Click here to get [my top tips for Portuguese learners](#).