

Random Acts of Kindness

CHECKLIST AND BINGO SHEET

Freebie Printable

Ideas courtesy of Colleen Brunetti, Author of Share a Little Kindness

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Random Acts of Kindness Bingo!

How to play: Players can win by covering a horizontal, vertical or diagonal line.

Leave a quarter in the twisty machine for the next kid.

Create an ongoing year-long talent show for your class.

Make a card for loved ones.

Leave dollar bills hidden in the toy section for other kids to find.

Go to the \$1 store and get gallon ziplock bags - fill with self-care essentials for the homeless.

Check on family and friends.

Select a student and have everyone

Say please and thank you

RANDOM ACTS OF KINDNESS CHECKLIST

Ideas Courtesy of Colleen Brunetti, author of Share a Little Kindness.

Directions: After you complete a "Random Act of Kindness," activity, check off or color in the appropriate box.

Say hello to each friend entering the class.

Write notes to the elderly to brighten their day.

Let people know you're thinking about them (call, text, FaceTime).

Ask your child what they love about their teacher and help them write a note.

Give heartfelt compliments.

Support everyone to be their unique selves.

Read books about kindness.

Say goodbye to each individual in the class.

Share reasons you enjoy spending time with a classmate or family member.

Help someone when you're out and about - hold the door, etc.

Say what you're proud of.

Thank a grownup for something they did.

Go to [MakeMomentos.com](https://www.makementos.com) to download a printable copy

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Let people know you're thinking about them (call, text, FaceTime).

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Support everyone to be their unique selves.

Read books about kindness.

Say goodbye to each individual in the class.

Share reasons you enjoy spending time with a classmate or family member.

Help someone when you're out and about - hold the door for a stranger.

Say what you're thankful for.

Thank a grownup for something they do for you.

Tell at least one person something positive.

Write compliments on clothes pins and sneakily attach them to someone to find.

Be patient with one another.

Praise each other.

Check the description for more information on how to download a FREE copy of our Random Acts of Kindness checklist.



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