Milestones AUTISM Resources

educating | coaching | connecting

2015 IMPACT

250 SCHOOL DISTRICTS AND AGENCIES

2,400+ SERVED

500+ PARENTS COACHED

1,000 TRAINING & WORKSHOP PARTICIPANTS

58,000 UNIQUE WEBSITE VISITORS

900 CONFERENCE ATTENDEES

MISSION

Milestones Autism Resources improves the lives of individuals on the autism spectrum by **educating**, **coaching** and **connecting** the autism **community** with evidence-based information.

VISION

A community in which individuals on the autism spectrum reach their **full potential** as contributing members of society, recognized for their **strengths** and **supported** in their challenges.

Contact us – We're here to help.

23880 Commerce Park, Suite 2, Beachwood, Ohio 44122
216.464.7600 ★ info@milestones.org ★ milestones.org

Milestones AUTISM Resources



Your local autism resource.

We're here to help.

CORE PROGRAMS

- AUTISM CONFERENCE
- COACHING, CONSULTATIONS & TRAININGS
- TEEN/ADULT SERVICES
- ONLINE RESOURCES

216.464.7600 ★ milestones.org

Autism Conference

Milestones' annual conference provides two days of evidence-based practical strategies for all ages, stages, and abilities. Since 2003, the conference is a must-attend event for family members, educators, therapists, medical professionals, and individuals with ASD to learn best practices for school, home, community, and work.

Parent Benefits

- Discover strategies to make life easier
- Meet local autism experts and therapists
- Connect with other families

Individual with ASD Benefits

- Attend or share your personal experience
- Learn helpful, practical strategies for daily life
- Meet and connect with peers

Professional Benefits

- Earn continuing education credits
- Expand knowledge to be a better practitioner
- Network with leaders and colleagues in the field

"Milestones offers me, as a professional and a parent, the best opportunity to stay up-to-date on resources and treatment services for individuals and families affected by Autism Spectrum Disorder."

-Thomas W. Frazier, PhD, Cleveland Clinic

Coaching & Consultations

Family & Individual

We are here to help. We provide you with knowledgeable advice, resources for your situation, and services in the area over the phone or in an email—for free.

For a fee, we provide consultations with families and individuals to help plan, prepare, and prioritize goals at an ongoing level of support. Consultations help lead individuals to increased independence and community integration, resulting in an improved quality of life.

Agency

Help turn challenges into success with practical, evidence-based approaches. Milestones also provides in-depth consultations and trainings for professionals, school districts, agencies, and professional organizations customized to their particular needs and identified goals for a fee.

"The Milestones coaching program has been an invaluable resource to us because it pulls together the right information for our child, our family, and our situation."

-Christine Amer Mayer, Parent

Teen/Adult Services

Milestones supports families and providers in creating and following through on successful transition planning for a fee.

Beyond the transition years, we offer assistance to families and individuals to build an adult team, create a plan, develop employment support, and integrate into the community.

Milestones' staff also tailors consultations and trainings to an individual's or agency's needs in transition planning and beyond.

"I came to Milestones and they helped me live independently. With their help, I made friends and moved to an apartment. I have a social life that I never thought I would be able to have."

- Molly D. Dann, Individual with ASD

Online Resources

Milestones.org connects parents, professionals, and individuals with ASD with more than 1,000 autism resources and features:

- **Autism Calendar** Grouped by age, audience, and category, listings include social and recreational activities, support and therapy groups, resource fairs, workshops, and more.
- **Resource Center** features more than 1,000 educational, therapeutic, medical, and recreational resources. Also, ***guiding questions*** direct you to find the right resource for your needs.
- **Tool Kits** help you navigate common challenges including: first diagnosis, toileting, after school activities, independent leisure skills, legal resources, and more.



EMAIL info@milestones.org | *Coaching and Consultation Services are confidential.* | **CALL 216.464.7600** | **VISIT milestones.org**