As a PC student with lots of hometown PNW pride, the Seattle Seahawks' 29-13 defeat of the New England Patriots in Super Bowl LX at Levi's Stadium was personal. The Seahawks delivered a composed and physical performance on the biggest stage in football, proving I wasn't the only one who was over that smug Boston energy.

Seattle set the tone by taking control of the game early. Kicker Jason Myers accounted for the team's first 12 points, as field goals began to stack up. By halftime, the score was 9-0, and by the third quarter, 12-0. It was clear that the offense did not rely on aggressive plays; they just made sure to move the ball around and consistently avoid making simple mistakes. Plus, the Seahawks finished the game with zero turnovers, versus the Patriots' three.

The Seahawks leaned on their rushing attack from the start of the game. They were able to control possession and weaken the Patriots' defense, especially with Kenneth Walker III carrying the ball 27 times for 135 yards. Then, in the fourth quarter, after managing the field in a risk-free way and allowing the defense to essentially dictate the pace, quarterback Sam Darnold completed a passing touchdown to receiver AJ Barner.

New England was able to find some life in the fourth quarter, although that final quarter's score was 17-13 Seahawks. Rookie quarterback and the king of New England, Drake May, threw for 295 yards and had two touchdowns. There were brief moments of hope for Patriots fans, however, as I mentioned previously, turnovers proved to be damaging. The Seahawks' defense was just too clean for the king of New England, as Maye ended up throwing two interceptions and the Patriots lost a fumble.

The official game-over moment came halfway through the fourth quarter, when a Maye pass was intercepted by linebacker Uchenna Nwosu, turning it into a 45-yard pick-six and making the score 29-7. The Patriots were able to follow this up with another touchdown, but by then, the fate of the game had effectively been sealed.

The biggest success of the Seahawks' play was their ability to protect the football and overall play an extremely disciplined game from start to finish, especially on defense. Before Super Bowl LX had even begun, it was no secret that the Patriots' biggest antagonist would be the Seahawks' defense, and this prophecy was undoubtedly fulfilled. The Seahawks held the ball longer, protected it better, and capitalized when it mattered most. As for New England, the loss was difficult for a rookie like Drake Maye. However, personally, I can acknowledge that he has outstanding promise and will most likely have more than one Super Bowl championship under his belt by retirement.

For Seahawks fans, this was an extremely satisfying finish to the season. There was no last-second drama, no controversial finish, or nail-biting plays — just a reliable, confident performance. Super Bowl LX belongs to the Seahawks, and it was earned the old-fashioned way.