

LIST OF LIFE PRODUCT BROCHURE

LIST OF LIFE IMMERSION AND EXCHANGE PROGRAMMES

A HOLISTIC SOLUTION FOR YOUR CHILD'S FUTURE

International education should be a life-changing experience. List of Life's Immersion and Exchange Programmes offer a truly holistic approach that will broaden your child's perspective in every way, preparing the young student for effective intercultural understanding and communication.

Our immersion programme includes intensive language learning, but goes far beyond it, with our exclusive partnerships with leading private schools that provide genuine cultural exchange, and a broadening of perspective that will help the student over his or her entire lifetime.

This programme begins with a careful evaluation before the student leaves China. Then the child experiences the world of a British public school, stimulating and challenging in every respect. After that, and on the return to China, the student develops skills and perspective further in activities and continued communications with other students abroad. Finally, a number of activities enable the student to expand horizons, including the possibility of living with a British family.

Our offering is based on nearly 20 years of experience in cultural animation

This kind of education should go well beyond providing an opportunity to learn a new language. Rather, the holistic approach immerses your child in a personally tailored journey that both inspires engagement and motivates learning on all levels.

List of Life has dedicated years to developing programmes that go to the heart of the educational experience. The 19-year-old firm has long and successful experience in creating meaningful cultural events for a wide variety of different groups.

It was only natural for the firm to apply its experience to intercultural education. But List of Life wanted to offer programmes that truly made a difference for the children and young adults worked with – an experience that would stand out on any 'List of Life.'

As List of Life Director Heath Gardiner says: "Taking the opportunity to reshape the future for our kids, I have realised that it's not a single product, but an ethos of collaboration that will get us there."

Developing Effective Collaboration Across the Journey

The List-of-Life journey for the student revolves around effective collaboration in every aspect of the programme, with the object of creating a cultural exchange of ideas that deepen learning experience, but which also develop thinking skills in every respect.

Research has shown that learning new languages and exposure to different cultures accelerates cognitive skills development in children.¹ It is not just a matter of opening one's mind to a new language, but just as much a question of being placed in an unfamiliar environment and learning to adjust to new ways of living.

¹ International Journal of Intercultural Relations, [Volume 21, Issue 4](#), November 1997, Pages 475-490

The List-of-Life programme is designed to maximise exposure with true immersion in a new setting, and thus to enable children to reap the greatest benefit. The LifeSet framework, developed by List of Life, is proven to focus on the real needs of a child's evolving future.

The List-of-Life approach creates a native synergy between China and the UK, a flow of ideas, methods and culture among the various groups. This advancement in sharing is the firm's fundamental philosophy and is a critical differentiator from other programmes. It's designed to promote a new level of collaboration across the industry.

Progressive Methods of Assessment

With that in mind, measurement is a key to this approach and the List-of-Life difference is that the components used for assessment are geared towards the future and not set in the past. The LifeSet Framework formulates a set of clearly defined goals and each step towards achieving those goals is attentively observed.

All of the programmes start with a student evaluation made well before the arrival of a student in the UK. Our advancements in assessment then make it possible to determine the full impact of a student's travel experience – in every respect -- even beyond the student's last day. A full multimedia report including written statements, video, in-person reports and of course the highly coveted LifeSet Certification is provided upon completion.

The Programme - Six basic components:

- 1) **English language skills.** Full immersion in English language education including formal English classes and formal classes of other subjects taught in English. English language practice is gained through practical communication in other subjects and activities. Students will be tested at the beginning and end of the sessions to gauge their achievements.
- 2) **International perspective.** This section focuses sharply on the differences and similarities between China and the UK, giving the student a full perspective on British culture. Activities include culinary culture, traditional stories and their meanings, and an introduction to traditional social situations such as afternoon tea.
- 3) **Social skills and teamwork.** Teamwork is an important part of this programme. Teamwork takes many different forms that include preparing presentations in pairs and small teams. Teamwork is also an important part of extracurricular activities, sport and games.
- 4) **Confidence and independence.** Our programme is designed to help our students gain confidence and independence. At the beginning of the week, we will ask students to prepare and deliver presentations delivered to progressively larger audiences, culminating in an assembly presentation in which the student displays poise and ability.
- 5) **Critical thinking and positive attitude.** This programme is designed to develop the student's ability to solve problems through critical thinking and resilience. There is considerable emphasis on problem-solving.

- 6) **Passions and interests.** This programme includes many types of extracurricular activities that are designed introduce students to a range of interests, such as sailing.

The Winter Module

The programme is comprised of three stages: Stage one is designed to help students settle in and arrive at the school ready for study; Stage two consists of educational experience at a top British boarding school, and Stage three is designed to provide deeper cultural understanding so students return to China with an expanded international perspective.

In the assessment ahead of the trip to the UK, students are given an orientation for the experience, and a bespoke curriculum for study is prepared. A profile is prepared that includes both a skills-based and a psychological assessment, so that the experience can be optimised.

List of Life collaborates only with the finest UK boarding schools, and has an extensive record of successful collaboration with them.

Students experience the UK education system through the lens of their own bespoke curriculum, so that there is a sharp focus on developing learning skills and in understanding academic language, along with intensive language studies. However, students also develop their understanding and perspective, as they experience British culture and more, with exposure to different teaching techniques and participation in group academic work as well as in a variety of evening activities. The programme emphasises engagement with fellow British students and participation in recreational, sports and other activities, so that real communication takes place.

For example, children go out shopping together, and, in pairs, find all the things on their shopping list. Or, they all pair off in games of chess. Chinese students also introduce their British friends to their classic playground activities.

Through all of this, children not only gain extensive life experience, but they acquire new skills and relationship-building abilities that will give them an advantage in later life.

Spring Module

The List-of-Life experience does not stop when the children return home to China. Activities continue that enable them to digest and apply the UK experience.

Students can participate in a variety of educational and cultural activities, as well as engage with international students online and in person.

Students are also provided with carefully tailored activities that are developed based on their profiles. They can also experience culture through travel and take private classes.

Summer Module

The Summer Module offers students a choice of either returning to the UK for an unforgettable time with an English family, or of continuing to develop skills in China.

In both cases, there are tailored activities that focus on the child's particular interests or needs. Private classes are offered in which very focused skills and language development is possible, or there is participation in a wider range of evening activities.

This module might include trips to educational museums, or even a day at the Harry Potter studios!

Travel opportunities in the UK offer a chance to visit its most iconic sites.

All of this offers a means to continue to build relationships with an international network of friends.

Autumn Module

The Autumn model provides a chance to continue absorption and practice, whilst applying all the experience the student has gained to life in China. International relationships can best be maintained using our Illumani app.

Separate Preparatory Module

For students seeking to prepare for future time in the UK, our Preparatory Module will give them a sure start in adapting to the country's lifestyle, but it also goes beyond cultural training to help them become ready for life, as well.

Children will fit right in with their playfellows as they learn English traditions, manners and customs.

And, after training with the List-of-Life Preparatory Module, children will be fully prepared to maintain a positive impact on their future lives by not only learning the social and personal skills necessary to be confident, poised and successful, but also how to live life to its fullest.

List of Life: Living Life to the Fullest

The very profound experience of growing and learning that List of Life offers is unparalleled - it offers the best of all possible opportunities in education, in language learning, in play, in cultural exchange, and most of all, in the kind of emotional growth that will help a child to live life to the fullest, getting the best of both work and relationships with others.