

LIST OF LIFE IMMERSION AND EXCHANGE PROGRAMMES

A HOLISTIC SOLUTION FOR YOUR CHILD'S FUTURE

International education should be a life-changing experience. List of Life's Immersion and Exchange Programmes offer a truly holistic approach that will broaden your child's perspective in every way, preparing the young student for effective intercultural understanding and communication.

Nearly 20 years of experience in cultural animation

This kind of education should go well beyond providing an opportunity to learn a new language.

Rather, the holistic approach immerses your child in a personally tailored journey that both inspires engagement and motivates learning on all levels.

List of Life has dedicated years to developing programmes that go to the heart of the educational experience. The 19-year-old firm has long and successful experience in creating meaningful cultural events for a wide variety of different groups.

It was only natural for the firm to apply its experience to intercultural education. But List of Life wanted to offer programmes that truly made a difference for the children and young adults worked with – an experience that would stand out on any 'List of Life.'

As List of Life Director Heath Gardiner puts it: "Taking the opportunity to reshape the future for our kids, I have realised that it's not a single product, but an ethos of collaboration that will get us there."

Developing Effective Collaboration Across the Journey

The List of Life journey for the student revolves around effective collaboration in every aspect of the programme, with the object of creating a cultural exchange of ideas that deepen learning experience, but which also develop thinking skills in every respect.

Research has shown that learning new languages and exposure to different cultures accelerates cognitive skills development in children.¹ It is not just a matter of opening one's mind to a new language, but just as much a question of being placed in an unfamiliar environment and learning to adjust to new ways of living.

The List of Life programme is designed to maximise exposure with true immersion in a new setting, and thus to enable children to reap the greatest benefit. The LifeSet framework, developed by List of Life, is proven to focus on the real needs of a child's evolving future.

The List of Life approach creates a native synergy between China and the UK, a flow of ideas, methods and culture among the various groups. This advancement in sharing is the firm's

¹ [International Journal of Intercultural Relations](#), [Volume 21, Issue 4](#), November 1997, Pages 475-490

fundamental philosophy and is a critical differentiator from other programmes. It's designed to

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Progressive methods of assessment

With that in mind, Measurement is a key to this approach and the List-of-Life difference is that the components used for assessment are geared towards the future and not set in the past. The LifeSet Framework formulates a set of clearly defined goals and each step towards achieving those goals is attentively observed.

All of the programmes start with student evaluation made well before the arrival of a student in the UK. Our advancements in assessment then make it possible to determine the full impact of a student's travel experience – in every respect -- even beyond the student's last day. A full multimedia report including written statements, video, in-person reports and of course the highly coveted LifeSet Certification upon completion.

The Programme: Six basic components:

- 1) **English language skills.** Full immersion in English language education including formal English classes and formal classes of other subjects taught in English. And English language practice is gained through practical communication in other subjects and activities. Students will be tested at the beginning and end of the sessions to gauge their achievements.
- 2) **International perspective.** This section focuses sharply on the differences and similarities between China and the UK, giving our student a full perspective on British culture. Activities include culinary culture, traditional stories and their meanings and an introduction to traditional social situations like afternoon tea.
- 3) **Social skills and teamwork.** Teamwork is an important part of this programme. Teamwork takes many different forms that include preparing presentations in pairs and small teams. Teamwork is also an important part of extracurricular activities, sport and games
- 4) **Confidence and independence.** Our program is designed to help our students gain confidence and independence. At the beginning of the week, we will ask students to prepare and deliver presentations delivered to progressively larger audiences, culminating in an assembly presentation in which the student displays poise and ability.
- 5) **Critical thinking and positive attitude.** This program is designed to develop the student's ability to solve problems through critical thinking and resilience. There is considerable emphasis on problem-solving.

- 6) **Passions and interests.** This programme includes many types of extracurricular activities that are designed introduce students to a range of interests.

The Winter Module

The program is comprised of three stages: Stage one is designed to help students settle in and arrive at the school ready for study; Stage two consists of educational experience at a top British public school, and Stage three is designed to provide deeper cultural understanding so students return to china with a rounded international perspective.