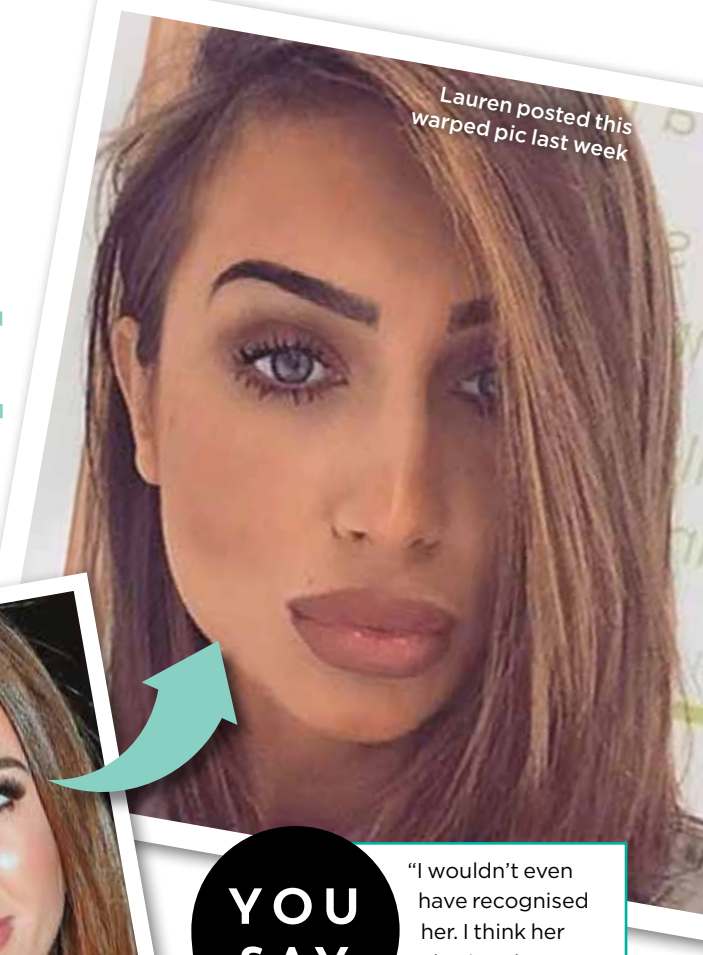
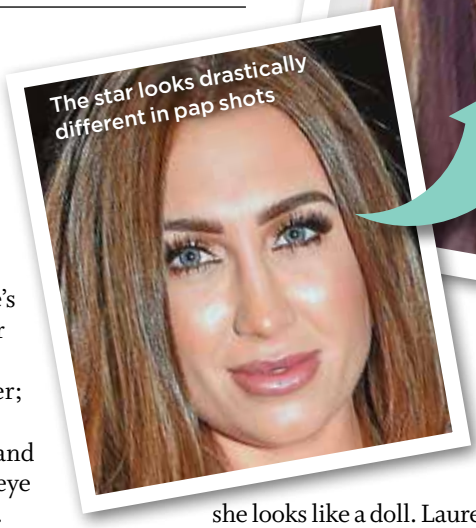
LAUREN SHOCKS WITH HER LIVING DOLL SELFIE

After Lauren Goodger posts a selfie looking alarmingly different, we ask experts how she did it – and why





She's famed for her love of selfies, but last week Lauren Goodger shocked fans when she uploaded a photo to Instagram of her looking distinctly different.

One concerned fan posted under the picture: "You did look beautiful once but now you are starting to look scary."

Lauren, 28, is one of a number of celebrities fuelling the "doll selfie" trend, drastically altering the pics they post online to get huge eyes and lips, a slim nose and flawless complexion. Although the ex-*TOWIE* star has admitted to a nose job in the past and is rumoured to have had lip and face fillers, as well as Botox, the difference between her paparazzi pictures and those she posts on Instagram is clear to see.

Photo editor and selfie expert Carole Edrich [Ceimages.co.uk] believes Lauren has edited her latest snap using apps that can be downloaded on to a smart phone.

She says: "In this pic Lauren's chosen the perfect angle to make editing easier as her face is straight on. She's plumped up her lips and made her face slimmer; she's also made her eyes larger and added a smoky eye make-up effect. She's arched and emphasised her eyebrows too – they look far too perfect to be natural. Her skin looks too smooth for it to be anything other than the work of an app."

Closer's psychologist Emma Kenny is alarmed by the rise of the celebrity doll selfie, and says: "Lauren suffers from chronic low self-esteem, she's very conscious about her looks. This latest Instagram photo is disturbing as she looks like a doll. Lauren is so desperate to be 'perfect' she's started to aspire to a plastic beauty ideal. Her behaviour – like so many celebs who post these kind of selfies – is all about being objectified, sexualising herself as much as possible to ensure the best reaction from her followers. It's an unrealistic image of what a woman should look like. I wish she could be happy in her own skin."

By Rebecca Twomey

YOU SAY

"I wouldn't even have recognised her. I think her altering the way she looks is the result of the bullying she gets for her looks." ***Sammie Petunia Bushell***

"She is obviously trying to prove something to herself. She's clearly a very sad, insecure person." ***Pinky Dee***

"Am I the only person who thinks she looks really good for once?" ***Amber Jade Jennings***

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RISE OF THE LIVING DOLLS

Lauren's not the only selfie addict transforming herself on Instagram. These celebs are also fans of the doll look



PHOTOS: GETTY, XPOSUREPHOTOS.COM, PHOTOSHOT, INSTAGRAM