regenerative development

START WITH SELF

SELF



DRAWING MY REFLECTIONS



POTENTIAL



INTERNAL FOCUS ∛ DEVELOPMENT

EXTERNAL FOCUS ∛ DEVELOPMENT



OPEN PATHS SEEDS TO GROW



WE ARE PART OF LIVING COMPLEX SYSTEM



WHAT WE GIVE BACK OR GROW = INTENTION

NOW



- OVERLOADED
- STRESSED
- ORGANISED



FULL POTENTIAL



- LEADING DEEPLY
- RELEASE TO DIG DEEP
- POWER IN LESS
- WHOLE SELF TO ALL



IMAGING VS IMAGINING



CARE
HEAR
FEEL
SMELL
CONNECT
SPACE FOR THEM
INWARD
VULNERABILITY
DISCIPLINE
REMOVE OWN NEEDS



OUTWARD
THINKING
OWN BIAS
JUDGE
ADVISOR
INTELLECTUAL

DEVELOPMENT

= DE-VEIL



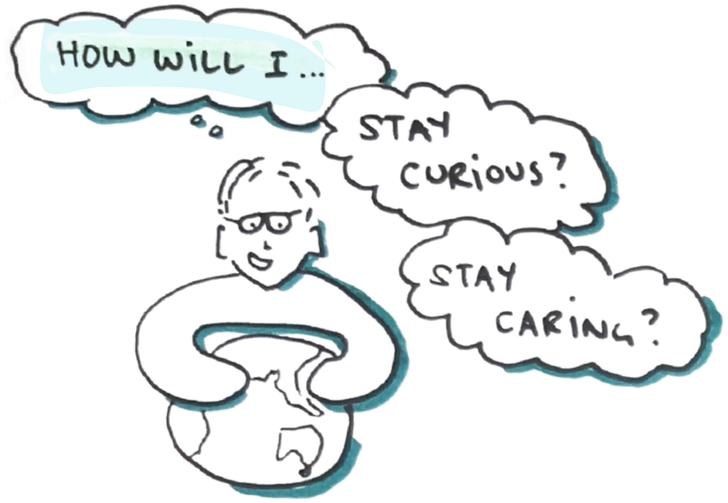
REMOVE LAYERS TO ACTUALISE POTENTIAL AT A HIGHER ORDER

- HARMONY



- NEXT LEVEL SYSTEM COMPLEXITY
- ECOSYSTEM FUNCTION

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- ☐ USE EXPERIENCES & HOW THEY FEEL TO REFLECT
- ☐ LET GO OF OWNERSHIP & "I" AS THE EXPERT
- ☐ BECOME A CONSCIOUS LISTENER & OBSERVER
- ☐ QUESTIONS AS A TOOL

LIVING SYSTEMS FRAMEWORKS

EVERYONE CAN USE & UNDERSTAND

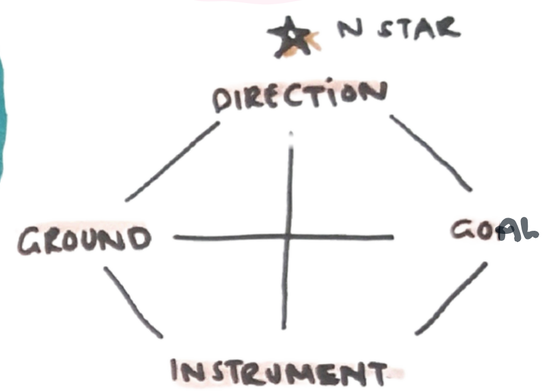
GROUNDING

ARE WHOLE & HELP BROADEN SCOPE

CONVEY DYNAMICS

NOT EMOTIONAL / BUT INTUITIVE

GENERIC TETRAD



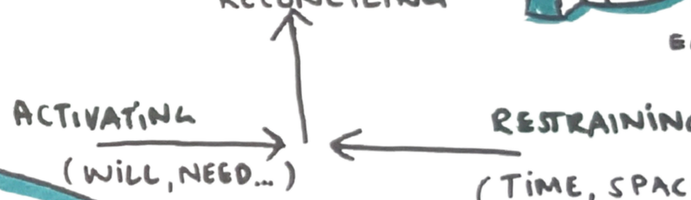
FRAMEWORKS

regenerative development

LAW OF 3



IGLOO AS AN EG OF A THIRD WAY



REGENERATIVE TETRAD

What is the unique contribution of this place?

VOCATION OF PLACE

What is the potential of this place?

PLACE POTENTIAL

REGENERATIVE CAPACITY

How do we build new value in this system?

MEANS

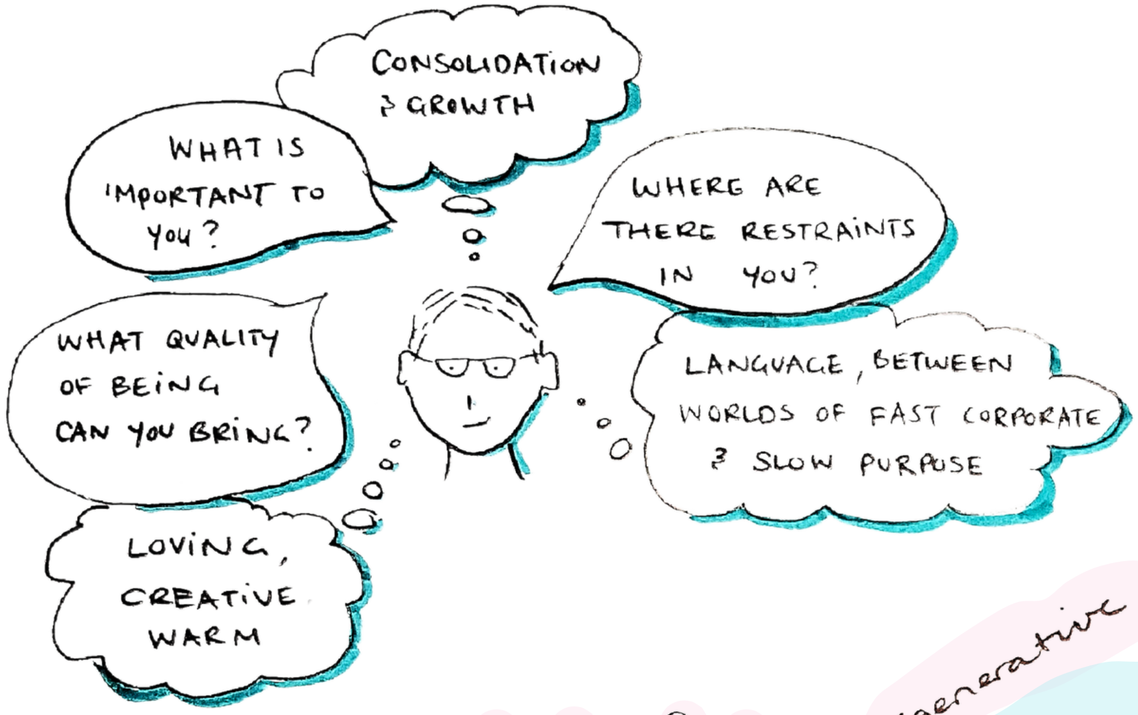
MOTIVATION

CO-EVOLVING MUTUALISM

How do we work together to build the capacity of place?

STEP BACK ? SEE THE POTENTIAL THAT EVERYONE SEES VALUE IN

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regenerative

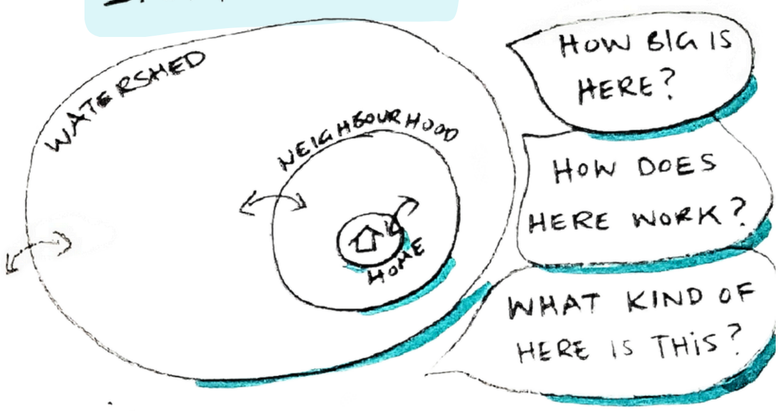
PLACE

development

GOAL

GAIN THE ABILITY TO SEE THE POTENTIAL OF A PLACE TOGETHER

IMAGE HOME



- DYNAMIC
- ENERGY OF THE PLACE

PATTERNS OF:

- SOCIAL / PEOPLE / GROUPS
- EARTH (GEO), NATURAL (BIO
- INFRASTRUCTURE

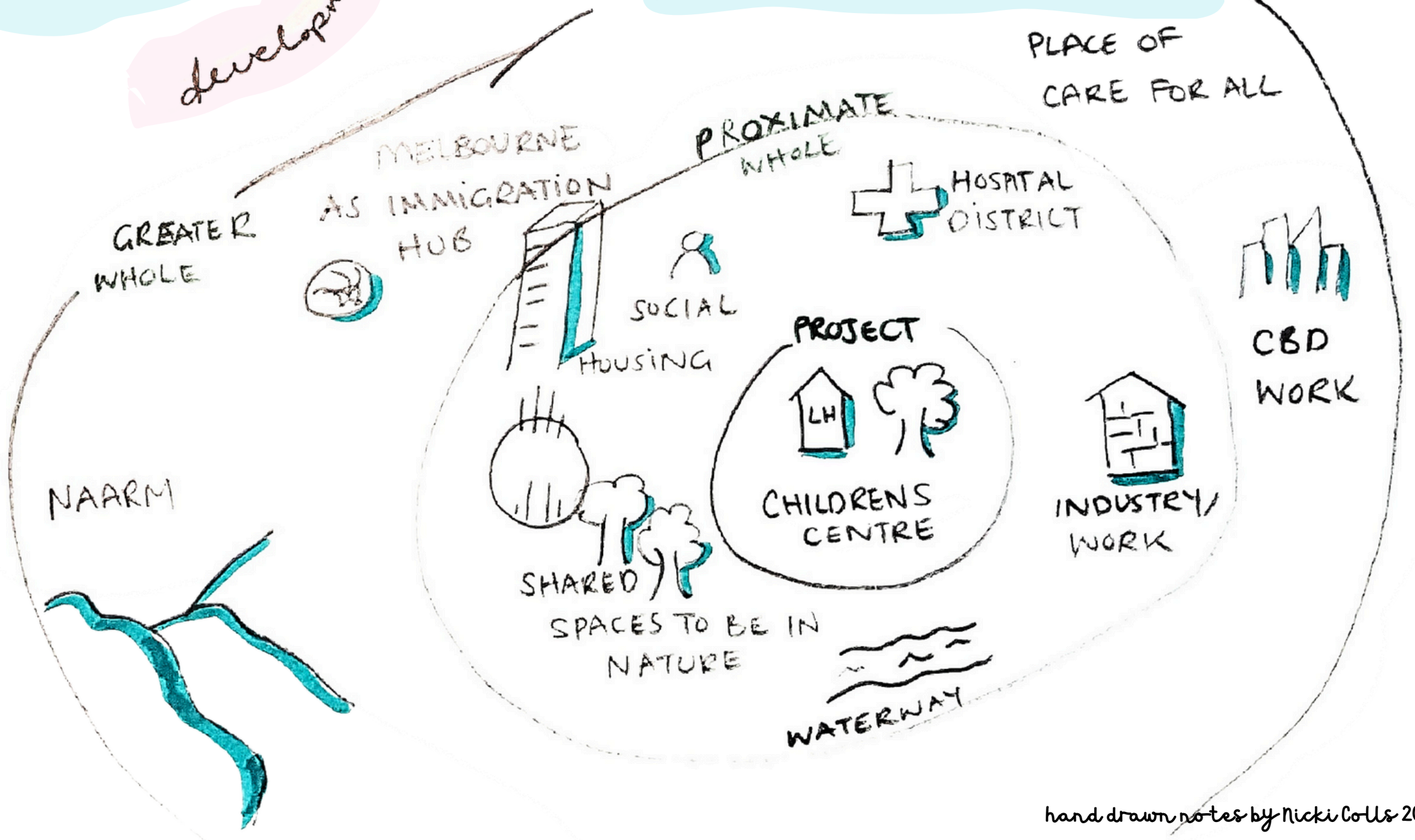
FROM ROLES → TO RESOURCE

- OPEN QUESTIONS
- REMOVE BIAS
- CARING
- SAMBA THROUGH THE FRAMEWORK



NESTED SYSTEMS OF PLACE

PLACE DRAFT FOR PROJECT



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POTENTIAL

regenerative development

imaging

essence
uniqueness
- calm
- communicate complexity
- adventurous

potential contribution
- the forrest is calling
- flow state
- balance of nature

to do this i need to:
- ☐ look for patterns
- ☐ no judgement
- ☐ feel care ♥
- ☐ Language can hinder
- ☐ remove self-interest / have humility
- ☐ accept uncertainty

Reflecting on place framework

opportunity to expand our thoughts to the gaps

proximate

dynamic

? open questions showed diff in perspectives ∴ lack of connective POTENTIAL.

greater whole

relationship systems stronger at the moment

Sphere of influence v. useful to find how big is here?

P

P

WHAT IMPACT CAN THIS HAVE ON THE SYSTEM?

- core driver

neighbourhood

essence
- grounded
- gritty social culture
- creative

potential contribution
- play w change
- take everyone w
- custodians of creeks

household

me
- creativity outwards
- play together
- watershed active play

Practical ways of finding potential

visual hook

Frameworks can help guide tangible projects find resolution

Regen language can isolate ⇒ use own understanding

Collective Learning

- testing patterns
- building out potential
- shared ∴ built on

... not more complex or bigger ... TBC

how do we get to a higher order?

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ROLES

Parent

VITALITY
care
compassion
heart

EVOLUTION
trust
reflection
touch of fear

VIABILITY
comprimise
integrity

leader
supporter
teaching
learning

PAUL AS COLLEAGUE

ROLES ARE DYNAMIC
LIKE BEAVERS
IN A RIVER
MAKING WEIRS

Ooo
LUNCH PLACES

1 ROLES ONLY EXIST IN A SYSTEM

2 ROLES EVOLVE WITH THE SYSTEM

3 THE RIGHT ROLE CAN BE INTENSELY MOTIVATING

check your own energy

WE ARE NATURE

NEW THINGS DON'T ALWAYS HAVE ALL 3 ELEMENTS & INITIAL VITALITY ENDS

A PART OF WHOLE

regenerative

GOALS

development

VITALITY

ENERGY LIFTS

CONNECTION

HEALTHY HOPE

THRIVE

ROLE

VIABILITY

SHARED EXPERIENCE
MUTUALLY REINFORCING
PACE RELAXED
SUSTAIN ENERGY
ALL LIFE SUPPORTED

EVOLUTION

TO CHANGE OVER TIME

COMPLEXITY / DIVERSITY

PROBLEM SOLVING IS SO SEDUCTIVE

WAYS OF WORKING

- PLANS / SIN
- BLACK / WHITE
- PROBLEMS

- OPPORTUNITY
- MISSED THE MARK
- POTENTIAL

RELATIONALISM
- BETWEEN EACH OTHER & NATURE

INVITE TO A SHARED EXPERIENCE

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See everything in Motion

always behind / reactive
static goals
anxiety
if I don't
gout / power
fear
holding on to things
heart pain

openness
prepared for change
rythms / patterns
if I do
seeing from inside
jumping in the river
becoming a MAster of insipience
Asian cultural strength to look at context first

core principle because
- you can see the trajectory
- you work with the whole context

relationships
add to the jazz
harmony w nature

regenerative
VOCATION
development

What is a regen project?

not a thing

a project can work regeneratively

it is building capability & there is no end in sight

regeneration is evolutionary

visual scribing
direction

space
clearly capturing essence
no one would understand it

"end state"

save the orca's
- builds capacity
- starts the process

Higher order directions add:
- value for others
- more complexity

higher order + organising

North star

build relation w sup as part of organising

3 term purpose
① goal: to...
② in a way that....
③ so that...

influencing role

How to have agency

creating new relationships & space for being

You can only control your own process

resonating around the bow

Proces

vocation
place potential
regen capability
Mutualism

vocation is:
- calling
- an invitation you can answer or not
- unique contribution

vocation of place:
- means something for locals = it fits
- helps order & organise
- collective aim
- Bridge to togetherness

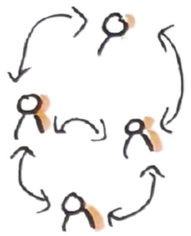
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NICHOLAS MANG

the energy o a place can b felt

what are the patterns that make place alive?



GUILDS

CIRCLES (transition towns)

centred

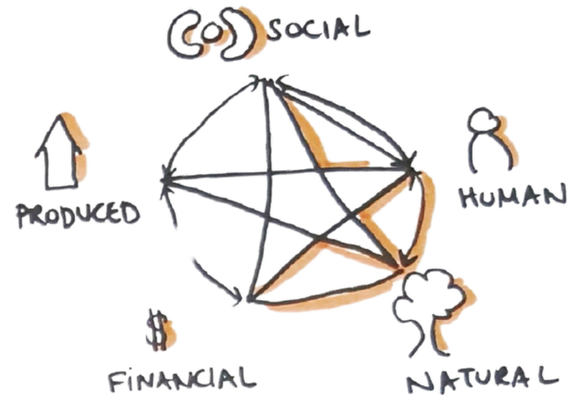
CO-EVOLVING MUTUALISM

- working together
- dynamic reciprocal self-reinforcing
- triggers systems change or
- perpetual co-design based in place
- builds trust to own the intention
- living system

VS

STANDARD INSTRUMENTS

- static project
- isolation
- structured
- stakeholder engagement
- a thing to deliver
- push mentality
- shallow connections



Who benefits?

Who cares?

regenerative

CO-DESIGN

development



WHAT IS SHIFTING IN ME?

Reflection

Place

Connectness

Ability to zoom in & zoom out

See movement & dynamic trajectories

Helping hold true self in new environment

safe to explore

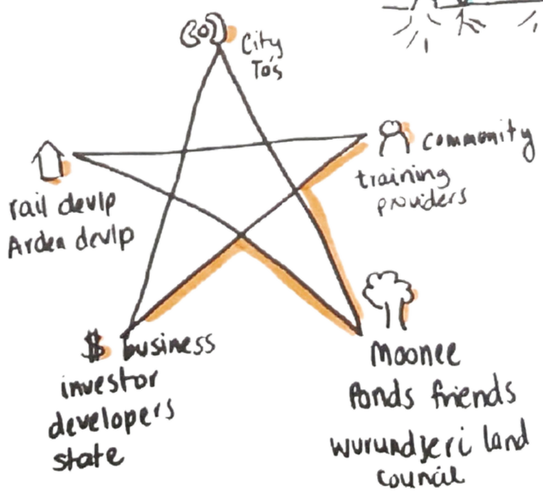
impermanence + evolution

reflection is iterative self-assessment

letting go of being the expert & knowing the answer









VOCATION

expanded our thinking

using nested sense of place to test ideas

process

what does it look like?

checking the fit

imaging the people

future aspirations as a useful tool to stop imagination

iterative testing over time & building energy

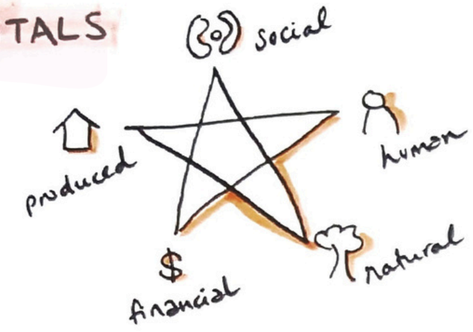
once we understood place - place called the past, present & future together

building a community of care



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5 CAPITALS



helps us understand dynamics of place

helping build a base for on going gratefullness

GIVE A CHANCE FOR ALL DIFFERENT STAKEHOLDERS TO HAVE A RELATIONSHIP & RETURNS

THE COMMONS + 5 CAPITALS



COUNCIL

BANKS ☆ PEOPLE

DEVELOPERS CERES

HOW DO WE WORK TOGETHER TO KEEP AFFORDABLE, LIVABLE & ACCESSIBLE TO ALL?

WHAT DOES THE WATTLE THINK?

OUR ROLE IS TO BUILD CAPACITY IN STAKE-HOLDER TO MEET DESIRED END-STATE.

PROJECT = INSTRUMENT

END STATE = THRIVING NEIGHBOURHOOD

OUR HOME + 5 CAPITALS

Connection to deep past

creativity? diversity valued & traded

lack of investment in nature impacts the rest

grateful friends helped me build my house

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STAKEHOLDERS & COMMUNICATIONS

development

WILL

BEING

DOING

WHAT IS OUR REAL PURPOSE?

IMAGING QUESTIONS

FIND TRUE PLACE OF ENRICHMENT FOR FRIEND

EXTERNALLY CONSIDER ALL THE STAKEHOLDERS

INVESTING IN JOINT FUTURE

RAISING THE VALUE OF HOW WE RELATE

WHAT IS IT THAT WE ARE BOTH INTERESTED IN WORKING ON?

SCENARIOS

summary of reflections & new understanding

PROCESS

- BASED IN PLACE
- IMAGE END STATE
- WHO HAS A STAKE IN THAT END STATE?
- STAKEHOLDERS USE PROJECTS AS A STEP TO END STATE

TELLING IS GREAT FOR INFORMATION

SHARING IS FOR CONNECTION

ENGAGE IS WORKING TOGETHER

DEVELOPMENT IS AN ONGOING CAPABILITY BUILDING PROCESS

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MORE READILY ABLE / OPEN TO CONNECT WITH COMPLEXITY & PATTERNS OF CHANGE



- I WANT THAT AURA DIGGING DEEP

WE ARE PART OF A MUCH BIGGER COMMUNITY

I WANT THIS TO BE AN INTERVENTION

I AM CAPTAIN OF MY OWN EVOLUTION

MY ROLE IN MAKING MORE OF THE PLACES IVE BEEN GIFTED TO WORK WITH



FRUIT SALAD OF LIFE

BEST PART IS THE JUICE
I WANT TO TASTE EACH FLAVOUR BUT ALSO ENJOY THE JUICE

WHERE YOUR FOCUS GOES IS WHERE YOUR ENERGY GOES



SCHOOL OF WILL

GIVES US MEANING
BUILDS RELATIONSHIPS
BE OURSELVES OPENLY



UNDERSTANDING SELF



UNDERSTANDING OTHERS / EXTERNAL FLOWS



RELATIONSHIPS & BUILDING WILL

COMMUNITY & GARDEN HAVE LIFE OF THEIR OWN



REGENERATE
↑
IMPROVE
↑
MAINTAIN
↑
OPERATE
↑
STABILISE



BUILDING CAPACITY TO REGENERATE OURSELVES



BRING IN COMMUNITY
SHIFT IN PARADIGM



ADAPTING TO DISTURBANCES



REGULAR WORK



CLEANING OUT

regenerative

development

REFLECTIONS & LEVELS OF WORK







NESTED LEVELS OF WORK

WORKING UP ↑ vs WORKING DOWN ↓



STARTED WITH MECHANICS



FIRST STAGES ARE BORING

IMPORTANCE OF RELATIONSHIPS HELD THROUGHOUT

STARTED WITH LIFE & CARE

HAVE I REGENERATED MYSELF?

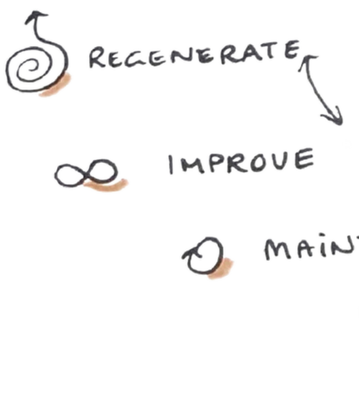


DENTAL HEALTH EXAMPLE

REGEN CAPACITY

- CORE VALUE IS MAINTAINING DENTAL HEALTH

⇒ ABILITY OF COMMUNITY TO DO THIS



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WHAT'S SHIFTING IN YOU?

STOPPING & OBSERVING THE BREADTH OF FIELDS WE ARE WORKING IN

RECOGNISING VALUE OF RESTRAINING FORCES

LOVING THIS PLACE THE WAY IT WANTS TO BE ♡'D

ASKING BIGGER & BETTER QUESTIONS

ABILITY TO ♡ HELP OTHERS NAVIGATE THAT SPACE

PROVIDING A PATH TO MEANING FOR ALL

A PARADIGM CHANGE CAN HAPPEN IN A BLINK

POWER IN BEING THE FACILITATOR

UNLOCKING THE CREATIVITY OF THE GROUP

MEANING COMES FROM AN ENVISCERAL ♡ REACTION

EVOLUTIONARY DRIVER IN WORKING IN GROUPS

MEETING PEOPLE WHERE THEY ARE AT?

RECIPROCITY GOES OUT THE WINDOW WITH MONEY $

IT'S THE SMOKE IN THE ROOM

CREATING A SYSTEM WITH POSITIVE FEEDBACK LOOPS THROUGH RELATIONSHIPS IN SYSTEMS, ESPECIALLY LIVING

OUR WILLIS INSPIRED BY HAVING A RELATIONSHIP

TRUST IN YOURSELF AND ALLOWING REGENERATIVE EVOLUTION TO HAPPEN

TEACH TO LOVE THE OCEAN ♡

OCTOPUS WATCHED → LOCAL MOVEMENT TO CARE FOR AREA

HARNESSING OUR COLLECTIVE ♡ OF THE OCEAN OR/ & LOCAL FISHERY

BLUE ECONOMY

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WHERE ARE WE NOW?



WE ARE ALL CONNECTED



PLAYING MORE

REGERATION is THE CREATIVE FORCE OF THE COSMOS

WE CANNOT BE CREATIVE IF WE HAVE AN IDEA





WE HAVE OUR TRAINING WHEELS ON BUT NO ONE CAN SEE THEM



COURAGE = CORE = HEART

INVITATION TO TAKE NEXT STEP TO EMBED IN COUNTRY



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ESSENCE

CARE CONTRACTS

CARE EXPANDS IN SCOPE

ENVIRONMENT MANAGING

ORGANISING

CURIOUSITY

MAINTAIN

SCANNING

SUSTAINING

DOING/ AUTO PILOT

HABITUAL

OPERATE

BORING

MONITORING

REACTIVE

FEELINGS OF PANIC

STABILISE

ONE STEP

SURVIVAL ONLY FIGHT / FLIGHT

PATTERN GENERATING

OPEN

IMPROVE

NEW THINKING

EXCITEMENT

POSSIBILITY

METAMORPHOSIS

INTEGRATED

REGENERATE

ECOLOGICAL SELF

VUNERABLE/ DISSOLVE SELF TO WHOLE

BELONGING

TYPES OF SELF

ESSENCE TRIAD

MAKING TOGETHER

EVOLUTION IN 2 OUT OF THE WHOLE

CORE VALUE

CORE PROCESS

MATERIALISING SPIRIT

DANCING FUN

CORE PURPOSE

GATHERING WHO WE ARE ~COLLECTIVE

ESSENCE REALISATION



IMAGES OF SELF

REMEMBER:



THIS is A NESTED SYSTEM

INTEGRATED



PATTERN GENERATING



ENVIRONMENT MANAGING



DOING



REACTING



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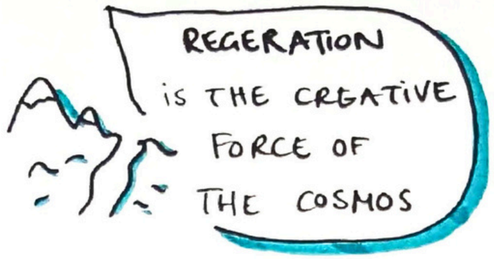
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ESSENCE TRIAD



MAKING TOGETHER

EVOLUTION IN 2 OUT OF THE WHOLE

CORE VALUE

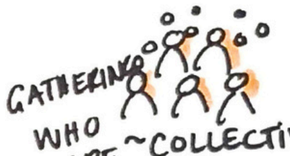
CORE PROCESS

MATERIALISING SPIRIT

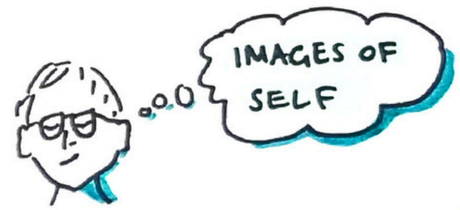


DANCING FUN

CORE PURPOSE



ESSENCE REALISATION



REMEMBER:



THIS IS A NESTED SYSTEM











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POTENTIAL I SEE

POTENTIAL OTHER SEE

SOCIAL JUSTICE

CLIMATE JUSTICE

100% RENEWABLES

INTEGRATED VIGARO SPORTS & FIRST NATIONS COMMUNITY

COMMUNITY OF THE CLUB

HEALING SPACE FOR HER

I DON'T HAVE TO OWN THE ENERGY

MIRRORING LIMITS THE POTENTIAL I SEE

CAN LEAD WITH CURIOUSITY

CREATIVITY HAS NO ANSWER OR END

JUST PLAY WITH IT

SEEING ESSENCE IS SLIPPERY

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POTENTIAL IN PRACTICE

development

BEING THE ENABLER FOR OTHERS TO BEIN THAT SPACI

AIKIDO - THE SPACES IN BETWEEN

RESONANCE WHEN YOU SEE THE SAME POTENTIAL

BUILDING A BRIDGE AS PATH FORWARD

RESONANCE JUNKIE

RESONANCE JUNKIE

THERE IS AN ART TO REALLY STEP INTO SOMEONE ELSES SHOE

KNOWING THAT THERE WILL ALWAYS BE MORE THAN WHAT YOU SEE HELPS YOU LET GO



OPENING UP TO REALLY KNOW PEOPLE

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EXPANDING OUR SENSE OF TIME KEEPS YOU FEELING USEFUL

HOW DO WE MAKE SURE WE ARE WORKING WITH THE RIGHT GAP IN POTENTIAL

THOUGHTS ON WORKING DEVELOPMENTALLY

TOO WIDE

I'M STUCK IN A CULTURE OF PROVIDING SOMETHING

MOVING TO VALUING MYSELF

MY UNIQUE CONTRIBUTION

- REQUIRES ME TO GROW
- CONNECTED TO MY ESSENCE
- SCARY, CONCRETE & IMPERATIVE

regenerative development

DANCING the DANCE

RULES ARE BRITTLE

PRINCIPLES

- EMBED VALUES & BELIEFS
- ARE THERE TO BE SHARED
- HAVE FLEXIBILITY
- NEED TO STAY ALIVE THROUGHOUT

POTENTIAL OVER PROBLEM

FUNCTION

WORKING WITH A COLLECTIVE

TIME

IMPACT OVER EASY

BEING

BE CURIOUS, CREATIVE & WELCOMING

SELF BELIEF

LEAN INTO YOU

WILL

ALWAYS BUILDING THE CAPACITY OF THE COMMUNITY

WE WILL FIX IT CORPORATE CULTURE

COMMUNITY LED - COUNCIL SUPPORTED

PLAYFUL BELONGING

Tiddas INANAY

CONTRIBUTION - UNIQUE

AIM

CORE RESTRAINT

INGREDIENTS FOR SUCCESS

- FROM ME
- FROM WORK COMMUNITY
- LEARNING COMMUNITY

BRINGS CLARITY & JOY

LIKE A SHINY ATTRACTIVE CRYSTAL

THE DOG WHO WAS KICKED BY THE PIZZA MAN

⇒ START WHERE YOU WANT TO END

MIND & NATURE & NECESSARY UNITY

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TRY DIFFERENT PERSPECTIVES

PAINT IT

ACT IT

WRITE IT

WORKING FROM ESSENCE

- BE BOLD
- BE ADVENTUROUS
- BE CREATIVE
- LOVE M/SELF & OTHERS

SEEDS FOR SELF DEVELOPMENT

HANDDRAWN BY NICKI COLLS

TEACHING THAT STRETCH US

WORKING FROM ESSENCE

OPPORTUNITIES

- FRIENDS
- DISCIPLINE TO EVOLVE FOR REAL CHANGE

BOLDNESS HAS GENIUS

LAYER

LIFE

EMERGENCE

EMPOWERED

FIRE/EJUGABAH

TOGETHER

TRUST

VITALITY

BOLDNESS

ONENESS

POSSIBILITY

REVERENCE

INTEGRITY

COMMUNITY

SUPPORTED

ESSENCE

CONNECTED

THRIVING

NODES

CREATIVITY

THOROUGH

VITALITY

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DANCING THE DANCE II

development

OPPORTUNITIES

FRIENDS & DISCIPLINE

CALL US

TEACHINGS

LISTENING TO SPIRITUAL TEACHING

KITCHEN TABLE LISTENING

EXPERIENTIAL LEARNING WITH LOTS OF DIFF PEOPLE

TRP NETWORK

ARTISTIC PRACTICE

BOOKS BY DIVERSE AUTHORS

FACILITATION PRACTICE

NUTURING A CROSS-SECTORAL COMMUNITY OF CARE FOR MELBOURNE.

@WILLOW

COMING BACK TO & HOLDING THESE PRINCIPLES

INDIGENOMICS

LEARNING FROM THE CORN

BE GENEROUS & LEAD W LOVE

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